



5 Things You Can Do Right Now to Safeguard the Preborn & Empower Missouri Women

With the June 24, 2022 Dobbs v. Jackson decision, Missouri became the first state in the nation to restore legal protections that save the preborn and empower women. Missouri Catholics and other pro-life advocates are committed to keeping these safeguards in place by telling the truth about the multiplied harm the passage of the state's pro-abortion Amendment 3 would do.



Here are 5 things you can do right now to help:

1. Pray

Be bold and confident in asking our Good Lord's help in stopping the pro-abortion Amendment 3. Pray and invite others to pray to help save babies and empower moms.

- ⇒ Join in existing or ask your pastor to start a regular Rosary for Life or Holy Hour!
- ⇒ Pray the *Archdiocesan Prayer to Defeat the Pro-Abortion Amendment 3*: STLRespectLife.org
- ⇒ Join in the *Archdiocesan 140 Prayer Days for Life Campaign*: through November 5: bit.ly/PrayForLife-2024

2. Walk with Moms

Support moms in your parish and community, especially those facing an unexpected pregnancy. *Sharing resources* helps others see the respect life position more favorably. Most importantly, doing so *empowers abortion-minded women, who often feel alone and afraid, to choose life.*



You can partner with your local pregnancy resource center to help walk with them.

- ⇒ Locally: walkingwithmomsstl.com/
- ⇒ Beyond Locally: walkingwithmoms.com

3. Help Those Wounded by Abortion

Encourage those wounded by abortion to reach out for compassionate help, hope, and healing. *About 50% of U.S. abortions each year are repeat ones* so supporting healing work literally saves lives and changes hearts.*

- ⇒ Local help: archstl.org/hope-healing
- ⇒ Beyond Locally: hopeafterabortion.com

4. Learn & Share about Amendment 3

Now that the pro-abortion Amendment 3 is on the ballot, it's *vital to inform yourself and others on its far-reaching harm.*

- ⇒ MCC "Where Does it Say That?" flyer: mccatholic.org/abortion
- ⇒ Full amendment language: sos.mo.gov/cmsimages/Elections/Petitions/2024-086.pdf

5. Promote Voter Engagement

Know important election deadlines, processes, and the role of the Church in public policy. Encourage new voters to register. Help at a registration drive or ask your pastor to organize one at your parish (per Secretary of State's guidelines).

- ⇒ MCC: mccatholic.org/wp-content/uploads/Church-Guidelines-During-Elections-v2.pdf

*<https://supportafterabortion.com/receive-healing/womens-healing/>



ARCHDIOCESE OF ST. LOUIS

For additional resources about Missouri Amendment 3:
Respect Life Apostolate - Archdiocese of St. Louis
prolife@archstl.org — archstl.org/respect-life-apostolate/programs/public-policy



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